

This week we're *loving*



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Vegan Inspiration

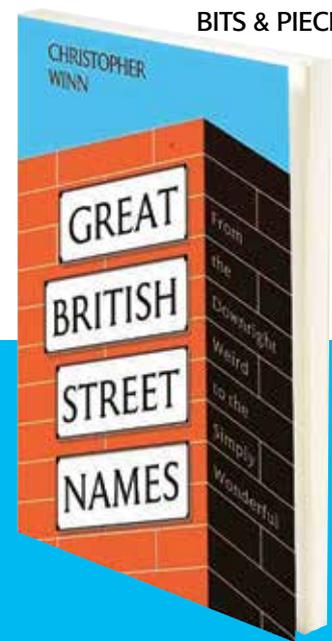
Head to Leeds Kirkgate Market on November 14 to find plenty of inspiration from Vegan UK's Great Yorkshire Vegan Christmas Market. With vegan fashion, food, cosmetics, candles and more, there's something for everyone.



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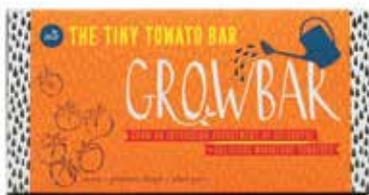
Healthy Hens

The British Free Range Egg Producers' Association recently joined the British Hen Welfare Trust campaign to encourage people to buy smaller eggs. Laying large eggs causes hens health problems. Small and medium-sized eggs make happier hens!



Streets Ahead

Christopher Winn's "Great British Street Names" (Quadrille, £12.99) is a treasure trove of facts about alleyways and avenues all over our land and the stories behind them. A walk round town will never be the same again!



Tiny Tomatoes

This cleverly packaged coconut-fibre coir Growbar contains ready-to-grow cherry tomato seeds in three varieties. Just add water to start them off in February. From shop.samaritans.org, priced £11.99 plus P&P.



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Oh, Happy Day

Birthday greetings to award-winning American actor Whoopi Goldberg, who turns sixty-six on November 13. The "Sister Act" star had her break in "The Color Purple" and has appeared in more than 150 films.



A-llama-ingly Cute!

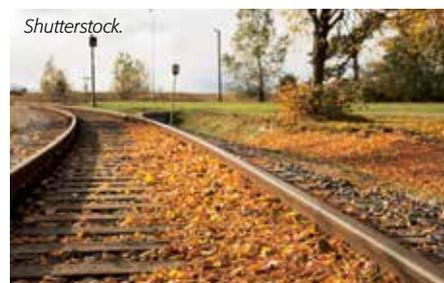
We feel cosy just looking at this mini heat-up huggable llama, but if you pop him in the microwave for a minute (he doesn't mind, honestly) he'll warm your hands when venturing out on chilly days. He costs £11 plus P&P from fiveanddime-interiors.com.



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Breaking The Silence

IWM London will host a unique Remembrance Sunday when a young musician will play a violin recital on an instrument made from trees that grew on former World War I battlefields. Find out more at www.iwm.org.uk.



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Leaves On The Line

A new rail track cleaning system has been developed by engineers at Sheffield University. A high-pressure stream of dry ice pellets freezes leaves then blasts them away as the pellets turn to gas. The system has the potential to reduce delays.

Sandi's Escapes

Sandi Toksvig joins a succession of pals for her four-part British travel series "Extraordinary Escapes". From Suffolk sanctuaries with Alison Steadman to Highland hideaways with comedian Sindhu Vee, Sandi and friends celebrate the joys of holidays on home turf. DVD out now, RRP £12.99.

